Holy Wisdom Monastery

Friends of Wisdom Prairie

2026 Calendar

LEARN • VOLUNTEER • SUPPORT

Join us at Wisdom Prairie in 2026! Explore restored native prairie and woods on your own along our 5 miles of trails, get the whole family outside for fun and learning with our Kids on the Prairie sessions, or build community and get exercise caring for the land during one of our weekly group volunteer days.

For decades the Benedictine Sisters of Holy Wisdom Monastery have committed themselves to restoring these 191 acres of the earth as a healing gift and a living, learning resource. The grounds and adjoining county lands are open to the public and offer you refuge from a hectic world as well as a deeper connection with nature, family, and friends.

We invite you to explore, care for, and donate to sustain this special place, which has been sacred to people for thousands of years. Learn more below and see event listings on the back of this sheet.

LEARN

Life-long learning and spiritual growth are important at Holy Wisdom Monastery. The Friends of Wisdom Prairie offer many programs and experiences that teach people of all ages about the land and how to care for this precious resource. **See offerings on back.**

VOLUNTEER

Wisdom Prairie Workdays

All year long, we invite you to volunteer at our Wisdom Prairie Workdays. Scheduled workdays are on Wednesdays from 9:00-11:30 am. Please contact Amy at aalstad@holywisdommonastery.org to register.

Trail Monitoring

For those who can't volunteer during the week, we could always use your help monitoring trail conditions! Protocol for trail monitoring is simple: Walk a section – or two or all – of the Holy Wisdom trails and report what you encounter using a simple online form at https://forms.office.com/r/TscmeyQkwu.

SUPPORT

Help us take care of the earth at Holy Wisdom Monastery by becoming a member of the Friends of Wisdom Prairie or giving a gift to the Care for the Earth fund. Learn more at HolyWisdomMonastery.org.

Holy Wisdom Monastery | 4200 County Road M, Middleton, WI 53562
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HolyWisdomMonastery.org/Environment/Friends-of-Wisdom-Prairie

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2026 Friends of Wisdom Prairie Events

EVENTS/EXPERIENCES

Jan 14-15	1:00 pm W- 4:00 pm Th	Winter Rest: A Seasonal Retreat	This retreat invites the season of winter to teach us to stop striving; it invites you to a time of tranquility and silence.
Jan 28 (W)	12:00-2:00 pm	Fostering a Natural History Community	Learn how we as naturalists employ stories, specimens, exploration of the natural world, and the practices of paying close attention to build our understanding of the world from the bottom up.
Feb 26 (Th)	1:00-3:00 pm	Wisdom Prairie Winter Tour	Tour & learn about the prairie in winter.
Mar 6 (F)	12:00-2:00 pm	Ancient Trails, Ancient Tales: The Archaeology of Madison	Wisconsin's archaeological sites have much to tell us about the past.
Apr 9 (Tu)	12:00-1:30 pm	Volunteer Appreciation Lunch	Friends of Wisdom Prairie members are invited to join other monastery volunteers to celebrate all the ways you help us.
Apr 14-15	8:00 am Tu - 12:00 pm W	Spring Emergence: A Seasonal Retreat	This spring retreat invites you sit with the first indications of a new season of life.
Apr 19 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
Apr 23 (Th)	1:00-3:00 pm	Wisdom Prairie Spring Tour	Tour & learn about the prairie in spring.
May 9 (Sa)	6:30 am-12:00 pm	Great Wisconsin Birdathon	Help us find as many unique bird species as possible in one day while raising funds for bird conservation.
May 12 (Tu)	3:00-6:00 pm	Spring Solar Tilt	Help us tilt the solar panels for spring.
May 17 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
May 31 (Su)	10:30 am-12:00 pm	Nature Photography for Kids	Kids 6-12 will use digital cameras to take photos of their favorite things in nature.
June 14 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
July 14-15	1:00 pm Tu - 4:00 pm W	Summer Plentitude: A Seasonal Retreat	This summer retreat invites you to sit with the lush growth of the season.
July 23 (Th)	8:30-10:30 am	Wisdom Prairie Summer Tour	Tour & learn about the prairie in summer.
Aug. 9 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
Aug. 20 (Th)	9:00 am-12:00 pm	Medicinal Plant Practicum	Learn how to ID medicinal plants and make elderberry syrup.
Sep. 13 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
Oct. 11 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
Oct. 16-17	1:00 pm F - 4:00 pm Sa	Fall Fallowing: A Seasonal Retreat	This fall retreat invites you to pause and mark transitions.
Oct. 22 (Th)	1:00-3:00 pm	Wisdom Prairie Fall Tour	Tour & learn about the prairie in fall.
Nov. 8 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature.
Nov. 12 (Th)	5:00-8:00 pm	Lecture, Dinner & Friends of Wisdom Prairie Annual Meeting	This year's keynote presentation is The Spirit of Place: An Education of the Heart

SCAN ME

Learn more & register at
HolyWisdomMonastery.org/Environment/Friends-of-Wisdom-Prairie

9/15/26