

Nineteenth Sunday in Ordinary Time

August 9, 2026

Congratulations to graduates Fox Crawford and
Grace Rosholt!



Welcome to Holy Wisdom Monastery!
Influenced by the Benedictine Spirit and Tradition, we welcome
all to worship with us and we embrace unity around an open
communion table.

Please join us following Sunday Assembly to celebrate with our
graduates for cake, coffee and conversation in the Dining Room
of the Monastery.



Holy Wisdom Monastery
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Middleton, Wisconsin 53562
608.836.1631
Holywisdommonastery.org

Gathering

All Who Hunger, Gather Gladly



1. All who hun - ger, gath - er glad - ly;
 2. All who hun - ger, nev - er stran - gers,
 3. All who hun - ger, sing to - geth - er;



Ho - ly man - na is our bread. Come from wil - der -
 Seek - er, be a wel - come guest. Come from rest - less -
 Je - sus Christ is liv - ing bread. Come from lone - li -



ness and wan - d'ring. Here, in truth, we will be fed.
 ness and roam - ing. Here, in joy, we keep the feast.
 ness and long - ing. Here, in peace, we have been led.



You that yearn for days of full - ness,
 We that once were lost and scat - tered
 Blest are those who from this ta - ble



All a - round us is our food. Taste and see the
 In com - mun - ion's love have stood. Taste and see the
 Live their days in grat - i - tude. Taste and see the



grace e - ter - nal. Taste and see that God is good.
 grace e - ter - nal. Taste and see that God is good.
 grace e - ter - nal. Taste and see that God is good.

Today's Ministers:

Presider	David Cooper
Homilist	Jim Penczykowski
Sacristan	Ann McBride
Lectors	Ezra Brown
	Charles Bradley
Greeters	Amy Whitehead,
	Jeanne Marquis, Joan Liegel
Communion	Mary Kramer, Abbie Loomis
	Kathy Woytych, Mary Kaye Radtke
	Jim Selinske
Bread Baker	Marsha Janota
Cantors	Ann Baltes
Technology	Bill Rosholt
Worship/Music	Bill Frederick
Child care	Nichole Rasmus, Sarah Wilkin-Gibart

Music for today is printed and streamed with permission under onelicense number A-703698. © All rights reserved. "All Who Hunger, Gather Gladly" by Sylvia G. Dunstan, GIA Publications, Psalm 85 "God, Let Us See Your Kindness" by: Marty Haugen, GIA Publications, "Joyful Heart Alleluia " by Steve Angrisano and Thomas N. Tomaszek, OCP Publications, "Now The Feast And Celebration" by Marty Haugen, GIA Publications", "Lamb of God, Holy Cross Mass" David Clarke Isele, GIA Publications, "We Will Not Fear" by Rolf Vegdahl, Tom Witt, Augsburg Fortress Pub, "When In Our Music, God Is Glorified" by Marty Haugen, GIA Publications.

Personal Listening Devices We have eight personal listening devices available for anyone to use during worship. They can be picked up and returned in the Sacristy. For more information, or if you are having trouble using the devices see Bill Frederick.

Sunday Assembly Childcare 9-10am in our Hospitality Room. Childcare is available during Sunday Assembly worship each Sunday. We have qualified care givers and lots of things to keep your little ones active!

Nametags: If you are a visitor at Sunday Assembly, please stop at the nametag table and create a nametag for yourself so we can welcome you and get to know you better!

Madison's Magic Pride Festival will take place next Sunday August 16th from 1-6pm at Warner Park on the north side of Madison. Holy Wisdom Monastery will take part for our second year! Please come and support us, and wear bright colorful clothes! It will be such a fun day for everyone!

Greeting, Welcome and Introduction

Opening Prayer

Liturgy of the Word

Reading

1 Kings 19:9-18

Following each reading,

Reader

The Word of Salvation

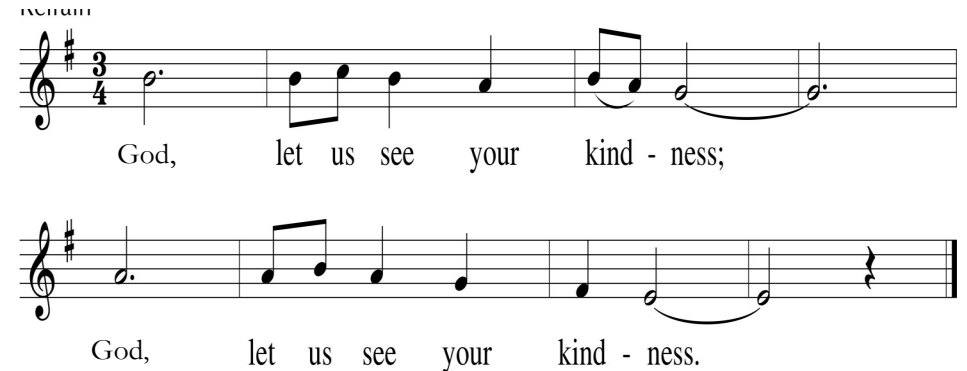
All

Thanks be to God

A time of silent reflection follows each reading as we practice the Benedictine value of listening.

Psalm 85

God, Let Us See Your Kindness



1. Let us hear what our God proclaims: Peace, to the people of God, salvation is near to those in awe.
2. Kindness and truth, justice and peace, truth shall spring up as the water from the earth, justice shall reign from the heavens.
3. Our God will come and you shall know all love, justice shall walk in all pathways, salvation the gift that God brings.

Reading

Romans 10:5-15

Gospel Acclamation

Joyful Heart Alleluia



Gospel

Matthew 14:22-33

Before the Gospel,

Reader A reading from the holy Gospel
according to Matthew

All Glory to you, O Christ

Following the Gospel,

Reader The holy Gospel

All Praise to you, O Jesus Christ

Homily

Intercessions

R/. God of love, hear our prayer.

Sign of Peace

Presentation of the Gifts

*A basket is available on the table to receive your donations.
Thank you for your generosity. The gifts of bread, wine
and our offering are brought to the altar.*

The Flower Market returns this year, immediately after Sunday Assembly, today Aug. 9 and Sep. 6, 2026. We hope you enjoy the Benedictine value of beauty expressed through a bouquet of monastery grown zinnias, wildflowers and prairie grasses. We ask for a suggested donation of \$20 of cash or check (made out to Benedictine Women of Madison). The bouquets will be in a quart-sized, narrow-mouth mason jar, and we ask that you return the jars to the monastery front desk at your convenience. **We are looking for several people** to help arrange the bouquets on Saturdays, Aug. 8 and/or Sep. 5 from 1:00-3:30 pm. Interested? Register at <https://volunteer.bloomerang.co/JE/4k05ab1tt7qmo2>

New Flooring for the Retreat and Guest House: We are happy to announce that the RGH building will be getting new carpet installed at the end of August. Thanks to many donors who have made this possible. More gifts toward this project will still be accepted until Sept 1. Join a program or retreat this fall to check out the renewed space!

Kids On The Prairie Today August 9 – Pollinators Everywhere. Explore Wisdom Prairie. See what is blooming and buzzing. Look for flowers everywhere. How many different kinds can you find? What bugs do you see? Why are those Bumble Bees buzzing?

Centering Prayer Group August 12th 2:30-3:30 pm, Oratory – Time for silent prayer/meditation with a group, includes two 20-minute periods of seated meditation with a 5-minute break. Contact Carole Kretschman, 608-577-3243.

As we anxiously await word from the Lilly Foundation regarding our recent grant application, Rachel and Erin would like to make themselves available to continue the conversation with our community about the concepts and ideas that were submitted. We want to know what resonated in the proposal for you? For example, if we don't get funded, what do you think we should prioritize from the proposal and continue to pursue? Join us in the Board Room after Sunday Assembly on August 16th from 10:15 - 11:15. If you would like to review the proposal, it was published in May and recently on July 17th.

Announcements

Celebrate Fox Crawford with cake after Sunday Assembly! Fox Crawford will be leaving for Northern Michigan University on August 18th (majoring in biochemistry and art & design). Wish him well and enjoy some cake! The Crawford family wants to extend immense gratitude to the Sisters and the Sunday Assembly community for the support and love you have shown our family for the past fourteen years. Thank you!

Celebrate Grace Rosholt graduated Summa Cum Laude with a BA in Music Education (Orchestral Emphasis) from Luther College in Decorah, Iowa on May 24th. While at Luther, Grace continued her studies of violin. She was also an active member and leader in symphony and chamber orchestras, violin and viola in chamber ensembles, and singing in choir, along with collaborations in numerous campus music performances. Next for Grace are two placements during the fall semester in Madison public schools where she will student teach high school/middle school orchestra and K-5 general music.

Pastoral Care Services are available to members of the Holy Wisdom Monastery communities. For more information or to receive care, contact Jane Ahlstrom at 608-222-5139 or janeahlstrom@sbcglobal.net.

A Gender Neutral Restroom can be found in the Hospitality Room in the hallway just after the coat racks.

Are you new to Sunday Assembly or are you interested in joining Sunday Assembly? Welcome, we are glad you are here. We invite you to sign the Guest Registry in the lobby (found on the table beneath the television monitor) to receive communications from the monastery. Please join us again soon. You are always welcome here.

Have you been worshipping with us frequently over the last few months? We hope that you've found a spiritual home with us and invite you to consider becoming a member of Sunday Assembly. It's simple. Gold membership forms can be found at the monastery entrance. Just fill it out and return in the collection basket, send by mail, or sign-up through our website. You will then receive welcome information from the Director of Music and Worship.

Liturgy of the Eucharist

Eucharistic Prayer VII for Ordinary Time

"Walking the Prophetic Journey"

All join in proclaiming the Eucharist Prayer.

*The Assembly parts are in **bold**.*

Presider May the Holy One be with you.

ALL And also with you.

Lift up your hearts.

We lift them up to our God.

Let us give thanks to the God of all.

It is right to give God thanks and praise.

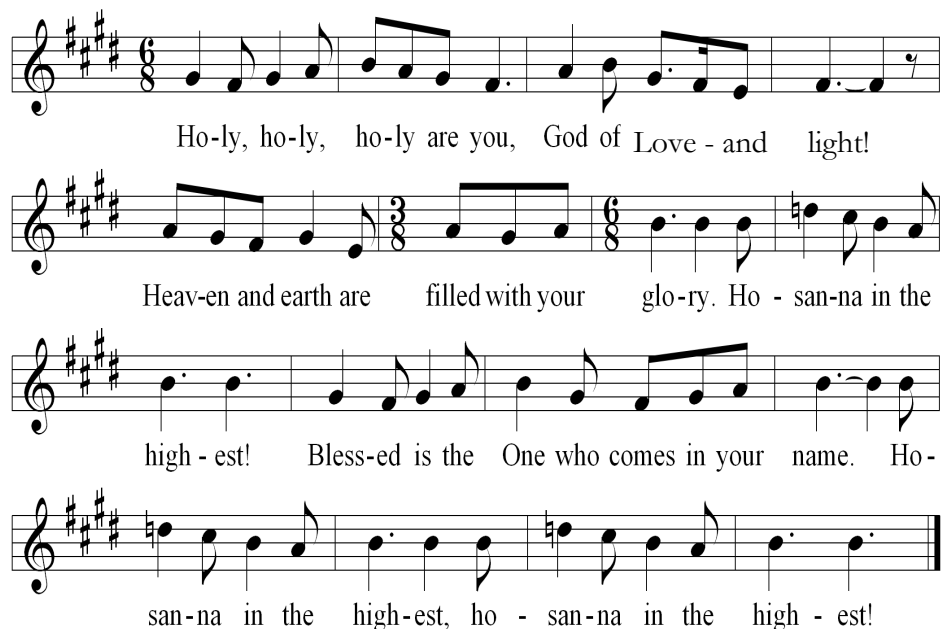
Great and holy designer of all that is,
from everlasting you are the Source of our Being.

**You weave the fabric of the universe
and spread it as the dwelling tent of your glory.
You invite all Creation to robe itself
in the love pouring out from your heart
as from a fountain of never-ending abundance.**

We thank you for the extravagance of your giving,
for the endless communion of your presence
among us and in all that is.

**We thank you that throughout history
you have been calling the human family
together and inspiring us to love one another
and to learn from the humblest parts of creation
your hidden ways.**

Joining now with all the cosmos
and every living creature, we sing your praise.



Ho-ly, ho-ly, ho-ly are you, God of Love - and light!

Heav-en and earth are filled with your glo-ry. Ho - san-na in the

high - est! Bless-ed is the One who comes in your name. Ho -

san-na in the high-est, ho - san-na in the high - est!

Holy One who gathers us,
we honor the ones who have revealed your ways
and we thank you for the courage and fidelity
of all whom you have sent
to prepare a path for us to follow-
all holy people of every age and culture.

**We especially thank you for Jesus
who comes to us as bread for our journey,
In him you revealed the complete
mystery of love
that is the human family.
We seek to follow Jesus' example
and become the Body of Christ
in all our interactions and relationships.**

Blessing and Sending Forth

Hymn of Praise

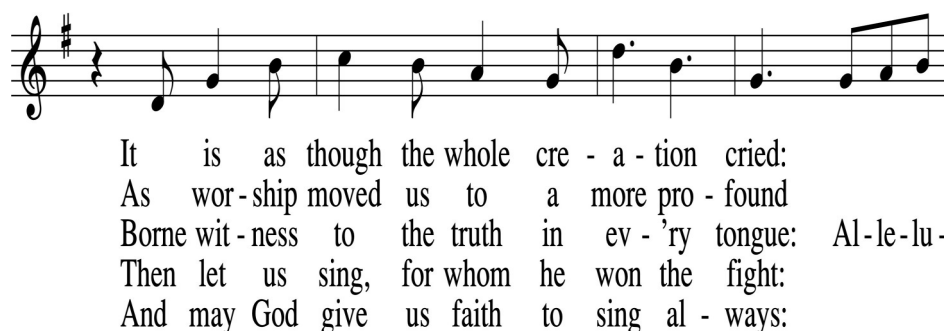
When In Our Music God Is Glorified



1. When, in our mu - sic, God is glo - ri - fied,
2. How of - ten, mak - ing mu - sic, we have found
3. So has the Church, in lit - ur - gy and song,
4. And did not Je - sus sing a psalm that night
5. Let ev - 'ry in - stru-ment be tuned for praise!



And ad - o - ra - tion leaves no room for pride,
A new di - men - sion in the world of sound,
In faith and love, through cen - tu - ries of wrong,
When ut - most e - vil strove a - gainst the Light?
Let all re - joice who have a voice to raise!



It is as though the whole cre - a - tion cried:
As wor - ship moved us to a more pro - found
Borne wit - ness to the truth in ev - 'ry tongue: Al-le-lu -
Then let us sing, for whom he won the fight:
And may God give us faith to sing al - ways:



ia! Al-le-lu - ia! Al-le-lu - ia!

**All So all of us are one body,
all who share the one bread and drink
from the cup.**

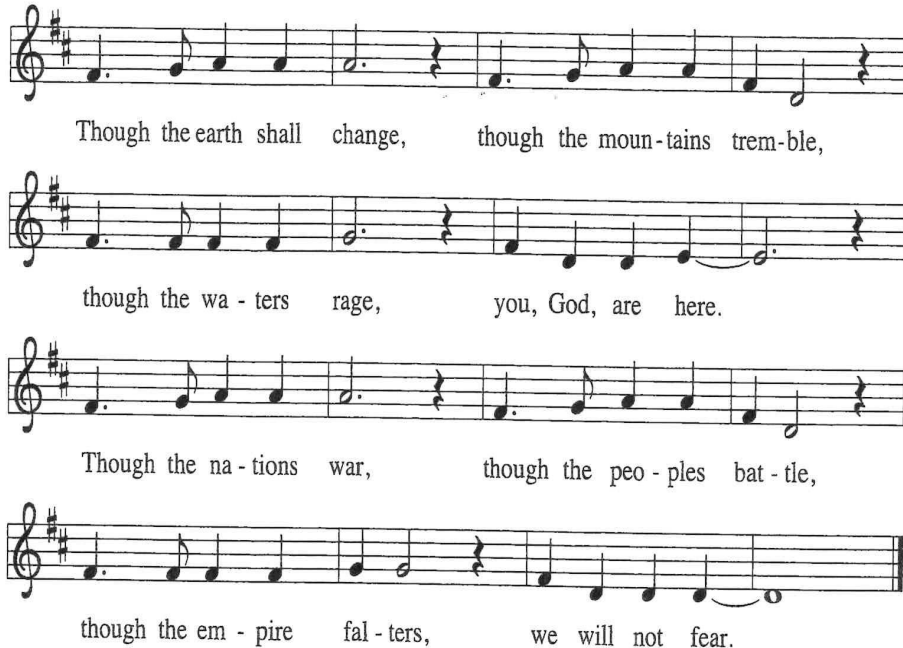
Communion Rite

Reception of Communion

Our Communion bread is gluten-free. All are welcome to receive Communion. Come to any one of the four locations in the room. Two stations are behind the Table, one at the side exit, and one near the organ. The **Cup of Wine, in the glass cup** will be distributed behind the Table, as will the **grape juice in the pewter cup**.

Communion

We Will Not Fear



A brief period of silence follows Communion

Prayer after Communion

Blessing for Fox Crawford and Grace Rosholt

On the night before he died,
Jesus gathered his friends together for a meal
and shared with them his life and love.

While they were at supper he took bread,
gave you thanks,
broke it and passed it among them saying:
"Take this all of you, and eat.
This is my body which is given up for you."

Then he took the cup of wine,
said the blessing,
and gave it to them saying:
"Take this, all of you, and drink.
This is the cup of my blood,
poured out for you and for all,
so that creation may be reconciled.
Every time you do this,
do this in remembrance of me."

Let us proclaim the mystery of faith:



Giver of every blessing,
send your gracious Spirit upon us
and upon these gifts of bread and wine.

**Help us to recognize the reality of Christ
present among us.**

**Grant us the courage and the power
to be your justice and your peace
in our world.**

**Give us open hearts and minds
to welcome all who are outcast,
especially the immigrant and the refugee.
Teach us to live gently and gratefully
upon this planet
and upon the pathway you have chosen
for us from among the stars.**

As we make our prayer to you, O Holy One,
we remember all our loved ones who have died.
Give comfort to all who suffer,
and may the fullness of your peace
be revealed in every land.

Through Christ, with Christ, in Christ,
In the unity of the Spirit, all glory and honor is
Yours O God, now and forever...



The Prayer of Jesus

**Holy One, our only home,
blessed be your name.**

**May your day dawn,
your will be done,
here as in heaven.**

**Feed us today, and forgive us,
as we forgive each other.**

**Do not forsake us at the test,
but deliver us from evil.**

**For the glory, the power,
and the mercy are yours,
now and forever. Amen**

Breaking of Bread



Presider The bread which we break,
is it not communion in the body of Christ?

The cup of blessing which we share,
is it not communion in the blood of Christ?