

Join us for the 7th Annual CCR Gratitude Brunch June 28th following Sunday Assembly. We are looking forward to welcoming a new cohort of pastors for their first Contemplative Renewal Immersion June 22-29. You are invited to join us for brunch following Sunday Assembly on June 28th to hear about their experience.

There is no cost, but registration is requested: holywisdommonastery.org/event/ccr-gratitude-brunch-26/

Airport Volunteers needed for the Center for Clergy Renewal. Many of our pastors will fly into the Madison airport for the Summer Immersion June 22-29. This will be their first trip to Holy Wisdom Monastery. In the spirit of providing Benedictine Hospitality and wrap around care, we are seeking volunteers to serve as airport drivers. You will meet a pastor at the airport and drive them to the Retreat & Guest House. If you are interested in this opportunity, please contact Kathleen Owens at kowens@holywisdommonastery.org

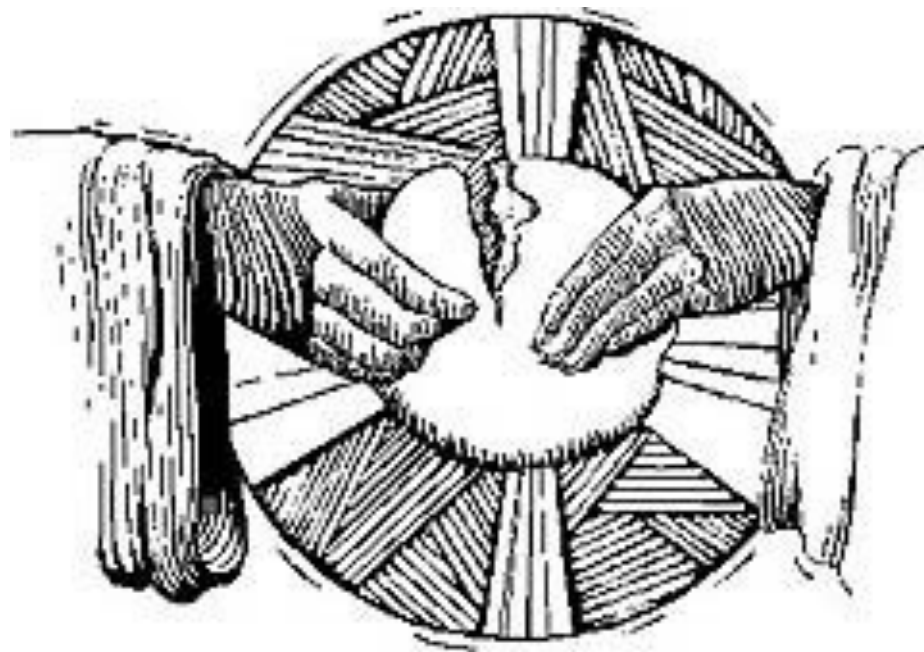
Centering Prayer Group June 10th, 2:30-3:30 pm, Oratory – Time for silent prayer/meditation with a group, includes two 20-minute periods of seated meditation with a 5-minute break. Contact Carole Kretschman, 608-577-3243

Please keep in your prayers Pam Shellberg. Her mother Rita passed away on May 25th. May she rest in peace.

THANK YOU! To new Sunday Assembly member, Lucas Fiet, who hand-crafted 26 "worry crosses" that we can give to people who are sick, homebound, preparing for surgery, or might have anxiety issues. They are crosses that can be held in the palm of your hand. They are beautiful and made with love. Thank you to Lucas a gifted wood worker!

THANK YOU also to several Sunday Assembly members who are creating beautiful prayer shawls that we can give from the Monastery to people who are in need of our prayers and love. There are 9 people working on this project. Every stitch is a prayer, and to those who receive them, will know that all of Sunday Assembly is praying for them. We are truly grateful!

Solemnity of the Body and Blood of Christ June 7, 2026



Holy Wisdom Monastery

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Middleton, Wisconsin 53562

608.836.1631

HolyWisdomMonastery.org

Gathering

Table of Plenty

Refrain

Come to the feast of heav-en and earth! Come to the ta-
- ble of plen - ty! God will pro-vide for all that we
need, here at the ta - ble of plen - ty.

Verses

1. O come and sit at my ta - ble where saints and
2. O come and eat with-out mon-ey; } come to
3. My bread will ev - er sus-tain you through days of
4. Your fields will flow - er in full-ness; your homes will

1. sin - ners are friends. I wait to wel-come the lost and
2. drink with - out price. My feast of glad-ness will feed your
3. sor - row and woe. My wine will flow like a sea of
4. flour - ish in peace. For I, the giv - er of home and

to Refrain

1. lone - ly to share the cup of my love.
2. spir - it with faith and full - ness of life.
3. glad-ness to flood the depths of your soul.
4. har-vest, will send my rain on the soil.

Greeting, Introduction and Welcome

Opening Prayer

“And there is a time to gather stones together.”

Ecclesiastes 3:5 It is time for the Center for Clergy Renewal to invite the community of Holy Wisdom Monastery to gather stones together! We are seeking smooth stones to be used in the rituals that will open and close the Contemplative Renewal Immersion taking place June 22-20 with the pastors of Cohort 7. These stones will ultimately go home with the clergy as a reminder of their time among us, so it would be lovely to have the stones come from community members. There is a basket to gather stones at the Porter desk. Feel free to bring a stone that feels comfortable in the palm of your hand, warm it with some prayers for the person who will receive it, and leave it there by Sunday June 21st. We appreciate your help!

The 2026 Community Art Exhibit, Expressions, is coming in July! Sunday Assembly members as well as people actively involved in Holy Wisdom's other communities, are invited to submit up to 3 works of two-dimensional visual art for possible inclusion in the show. Artwork can include paintings, collage, prints, drawings, photography, weaving, etc. and must be displayed using the existing hanging system. NEW THIS YEAR is the online submission form which can be found at www.cognitofrms.com/HolyWisdomMonastery/ArtExhibitSubmissionForm, or in the May 22nd issue of Weekly Wisdom. The form must be submitted by Monday, June 15th. An independent Art Jury will select the artwork to be exhibited in the Gathering Space gallery from July 9 – September 20, 2025. Artwork is chosen for the exhibit based on the Benedictine values of beauty, balance, and simplicity. Questions or need a paper form? You can reach Janet Neurauter via phone (608-831-9306) or jneurauter@holywisdommonastery.org

Kids On the Prairie June 14 - Life in and around Lost Lake. Kids and their families are invited to look at tiny critters that live in the lake. What special plants and animals call this place home? Meet at 10:30 at the parking lot kiosk. Please register online. Space is limited.

Announcements

Feast of St. Benedict and Scholastica Sunday July 12th! A day of joy for the sisters and all of Sunday Assembly! We will serve egg bake and the event is free. You are invited to bring all kinds of treat to share as well! Please register on the website!

Pastoral Care Services are available to members of the Holy Wisdom Monastery communities. For more information or to receive care, contact Jane Ahlstrom at 608-222-5139 or janeahlstrom@sbcglobal.net.

A Gender Neutral Restroom can be found in the Hospitality Room in the hallway just after the coat racks.

Are you new to Sunday Assembly or are you interested in joining Sunday Assembly? Welcome, we are glad you are here. We invite you to sign the Guest Registry in the lobby (found on the table beneath the television monitor) to receive communications from the monastery. Please join us again soon. You are always welcome here.

Have you been worshipping with us frequently over the last few months? We hope that you've found a spiritual home with us and invite you to consider becoming a member of Sunday Assembly. It's simple. Gold membership forms can be found at the monastery entrance. Just fill it out and return in the collection basket, send by mail, or sign-up through our website. You will then receive welcome information from the Director of Music and Worship.

On Thursday, May 28th, 41 people entered Holy Wisdom Monastery willing to donate blood. Sixteen of these people had never donated before. One thing was on their mind....to help a person in need. And did they ever! 38 units of blood were collected helping to save the lives of 114 people. The America Red Cross staff remarked how kind and dedicated each donor was. And they loved the Monastery as well. Several staff asked questions about what kind of programs are offered at the Monastery. Hospitality was a big part of the day. Thank you to all who made this drive successful. Our greatest thanks to each and every person who came to donate. A big shout out to Joyce Wodka and Brooke Livingston who made the drive run so smoothly!

Liturgy of the Word

Reading

Deuteronomy 8:2-3,14-16

Following each reading,

Reader

The Word of Salvation

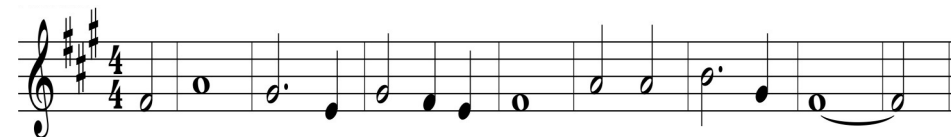
All

Thanks be to God

A time of silent reflection follows each reading as we practice the Benedictine value of listening.

Psalm 34

The Cry Of The Poor



Our God hears the cry of the poor, blessed be our God!

1. I will bless our God at all times, with praise ever in my mouth. Let my soul glory in the One, who will hear, the cry of the poor.
2. Let the lowly hear and be glad! For God, listens to their pleas; and to hearts broken God is near, who will hear the cry of the poor.
3. Every spirit crushed, God will save; will be ransom for their lives; will be safe shelter for their fears, and will hear the cry of the poor.
4. We proclaim your greatness O God, your praise every in our mouth; every face brightened in your light, for you hear the cry of the poor.

Reading

1 Corinthians 10:16-17

Gospel Acclamation

Joyful Heart Alleluia

Al - le - lu - ia. Al - le - lu - ia, al - le -
lu - ia. lu - ia.

Gospel

John 6:51-58

Before the Gospel,

Reader A reading from the holy Gospel according to John

All Glory to you, O Christ

Following the Gospel,

Reader The holy Gospel

All Praise to you, O Jesus Christ

Homily

All stand as you are able.

Intercessions

R/. Bread of life, hear our prayer.

Sign of Peace

Presentation of the Gifts

A basket is available on the table to receive your donations. Thank you for your generosity. The gifts of bread, wine and our offering are brought to the altar.

Today's Ministers:

Presider	Sonny Graves
Homilist	Bill Beers
Lectors	Kathy Tarpey Stephanie Lowden
Greeters	Allen and Joan Liegel Donna Miller
Communion	Daniel Stattelmann-Scanlan Joanna Kramer-Fanney Diane Smith, Bob and Paula Dinndorf
Sacristan	Susanna and Charles Bradley Margaret Sommers
Bread Baker	Mike Crawford
Cantor	Sarah Wilkin-Gibart
Technology	Tony Wilkin-Gibart
Worship/Music	Bill Frederick
Child care	Nichole Rasmus Susanna Bradley

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"Table Of Plenty" by Dan Schutte, GIA Publications "Our God Hears The Cry Of The Poor" by John Foley, SJ GIA Publications, "Joyful Heart Alleluia" by Steve Angrisano, OCP Publications, "Now The Feast And Celebration Acclamations" by Marty Haugen, GIA Publications", "A Place At The Table" by Shirley Evans-Murray, Hope Publishing and GIA Publications, "In God I'll Be Ever Thankful" by Jaques Berthier, GIA Publications.

Hymn of Praise

In God I'll Be Ever Thankful

In - God, I'll be ev - er thank - ful, in - God,

I will re - jice! Look to God,

do not be a - fraid; lift up your voic - es, our God is

near; lift up your voic - es, our God is near.

Liturgy of the Eucharist Eucharistic Prayer for the Solemnity of the Body and Blood of Christ

All join in proclaiming the Eucharist Prayer.

*The Assembly parts are in **bold**.*

Presider The Holy One be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them up to our God.**

Presider Let us give thanks to our God.

All **It is right to give God thanks and praise.**

Sustaining and nourishing God,
we do well always and everywhere
to give you thanks through Jesus.

**He became the gift of life for us:
bread broken on the altar of the cross,
his life blood poured out like wine.
In this memorial, you continue to feed
and strengthen your people
so that all humanity may walk
in the light of faith
and learn the ways of love together.**

Earth unites with heaven to sing the new song
of creation as we praise you in song.

Ho-ly, ho-ly, ho-ly are you, God of love - and light!
 Heav-en and earth are filled with your glo-ry. Ho - san-na in the
 high - est! Bless-ed is the One who comes in your name. Ho -
 san-na in the high-est, ho - san-na in the high - est!

Blessed is the one who comes, Jesus.
 He is the new manna in the wilderness,
 the bread from heaven, the cup of blessing
 in which we all have been blessed.

**Covenant God,
 may the fullness of your grace
 come upon our gifts of bread and wine +
 and upon our lives today,
 that we may grow into the risen Christ.**

For on the night before he died,
 Jesus took the bread of the earth, blessed you,
 O God, broke it and gave it to his disciples, saying:
 Take this, all of you, and eat,
 this is my body given for you.

Refrain

God will de - light when we are cre-a - tors of
 jus - tice and joy, yes, God will de - light
 when we are cre-a - tors of jus - tice,
 jus - tice and joy!

A brief period of silence follows Communion

Prayer after Communion (all rise)

Blessing

Sending Forth

Hymn of Praise (Next Page)

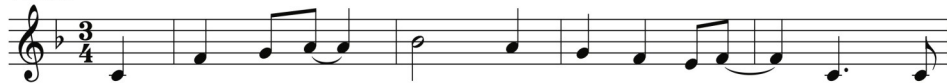
Reception of Communion

*Our Communion bread is gluten-free. All are welcome to receive Communion. Come to any one of the four locations in the room. Two stations are behind the Table, one at the side exit, and one near the organ. The **Cup of Wine, in the glass cup** will be distributed behind the Table, as will the **grape juice in the pewter cup**.*


Communion

A Place At The Table

verses




1. For ev - 'ry - one born, a place at the ta - ble, for
 2. For wom - an and man, a place at the ta - ble, re -
 3. For young and for old, a place at the ta - ble, a
 4. For just and un - just, a place at the ta - ble, a -
 5. For ev - 'ry - one born, a place at the ta - ble, to



ev - 'ry - one born, clean wa - ter and bread, a
 vis - ing the roles, de - cid - ing the share, with
 voice to be heard, a part in the song, the
 bus - er, a - bused, with need to for - give, in
 live with - out fear, and sim - ply to be, to



shel - ter, a space, a safe place for grow - ing, for
 wis - dom and grace, di - vid - ing the pow - er, for
 hands of a child in hands that are wrin - kled, for
 an - ger, in hurt, a mind - set of mer - cy, for
 work, to speak out, to wit - ness and wor - ship, for



ev - 'ry - one born, a star o - ver - head.
 wom - an and man, a sys - tem that's fair.
 young and for old, the right to be - long. And
 just and un - just, a new way to live.
 ev - 'ry - one born, the right to be free.

And at the end of the meal he took
 the cup of blessing, gave thanks and praise
 and said: Take this, all of you, and drink,
 this is the cup of my blood of a new
 and everlasting covenant, shed for you
 and for all so that sin may be forgiven.
 Do this is memory of me.

Let us proclaim the mystery of faith.



Christ has died. Christ is ris-en. Christ will come, come a - gain.

Source of all existence,
 we thank you for the mystery of the dying
 and rising of Jesus,
 present in these gifts of bread and wine.

**May this food truly be for us
 the nourishment of eternal life,
 and the promise of our resurrection.
 Keep us mindful of the hungry people
 of the world,
 whose desperate situation challenges our faith
 and contradicts your saving will.
 Help us never to forget that food and drink
 are at the heart of our faith.**

**Nourish the faith of all your people,
especially those who guide
the Christian churches
and the leaders of other world religions.
May we grow together in unity.**

*Eucharistic Prayer for the Feast of the Body & Blood of Christ, L. Lemberger ©2009,
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(all sing together)

Through Christ, with Christ, in Christ, — in the
u - ni - ty — of the Spir - it — all glo - ry and hon - or is
yours, O God, now and for - ev - er, — A - - - men. —

Prayer of Jesus

**Holy One, our only Home,
blessed be your name.
May your day dawn, your will be done,
here, as in heaven.
Feed us today, and forgive us
as we forgive each other.
Do not forsake us at the test,
but deliver us from evil.
For the glory, the power,
and the mercy are yours,
now and forever. Amen.**

Breaking of the Bread

1. Lamb of God, be known to us in break-ing of bread,
3. Lamb of God, you are the way of jus-tice and peace:

have mer-cy on us, mer-cy on us, mer-cy on us.

Lamb of God, be known to us in break-ing of bread

grant us peace, grant us peace, grant us peace.

Presider The bread which we break,
is it not communion in the body of Christ?

The cup of blessing which we share,
is it not communion in the blood of Christ?

All **So all of us are one body,
all who share the one bread and drink
from the cup.**