



Holy Wisdom Monastery



2025
Calendar

LEARN • VOLUNTEER • SUPPORT

Join us at Wisdom Prairie in 2025! Explore restored native prairie and woods on your own along our 5 miles of trails, get the whole family outside for fun and learning with our Kids on the Prairie sessions, or build community and get exercise caring for the land during one of our weekly group volunteer days.

For decades the Benedictine sisters of Holy Wisdom Monastery have committed themselves to restoring these 191 acres of the earth as a healing gift and a living, learning resource. The grounds and adjoining county lands are open to the public and offer you refuge from a hectic world as well as a deeper connection with nature, family, and friends.

We invite you to explore, care for, and donate to sustain this special place, which has been sacred to people for thousands of years. Learn more below and see event listings on the back of this sheet.

LEARN

Life-long learning and spiritual growth are important at Holy Wisdom Monastery. The Friends of Wisdom Prairie offer many programs and experiences that teach people of all ages about the land and how to care for this precious resource. *See offerings on back.*

VOLUNTEER

Wisdom Prairie Workdays

All year long, we invite you to volunteer at our Wisdom Prairie Workdays. Scheduled workdays are on Wednesdays from 9:00-11:30 am. Please contact Amy at aalstad@holywisdommonastery.org to register.

Trail Monitoring

For those who can't volunteer during the week, we could always use your help monitoring trail conditions! Protocol for trail monitoring is simple: Walk a section – or two or all – of the Holy Wisdom trails and report what you encounter using a simple online form at <https://forms.office.com/r/TscmeyQkwu>.

SUPPORT

Help us take care of the earth at Holy Wisdom Monastery by becoming a member of the Friends of Wisdom Prairie or giving a gift to the Care for the Earth fund. Learn more at HolyWisdomMonastery.org.

Holy Wisdom Monastery | 4200 County Road M, Middleton, WI 53562
608-836-1631, x123 | aalstad@holywisdommonastery.org
HolyWisdomMonastery.org/Environment/Friends-of-Wisdom-Prairie

2025 Friends of Wisdom Prairie Events

EVENTS/EXPERIENCES

Feb 20 (Th)	1:00-3:00 pm	Wisdom Prairie Winter Tour	Tour & learn about the prairie in winter
Mar 13 (Th)	6:30-8:00 pm	Creating Backyard National Parks	Learn about the Backyard National Park movement, which invites us all to create habitats that sustain life, one yard at a time.
Apr 1 (Tu)	12:00-1:00 pm	Volunteer Appreciation Lunch	Friends of Wisdom Prairie members are invited to join other monastery volunteers to celebrate all the ways you help us
Apr 2-3 (W-Th)	1:00 pm W - 4:00 pm Th	Spring Emergence: A Seasonal Retreat	'The prairie is waiting for you.' Benefits will be time for rest, reflection, creativity and connection to nature.
Apr 13 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
Apr 24 (Th)	1:00-3:00 pm	Wisdom Prairie Spring Tour	Tour & learn about the prairie in spring
May 10 (Sa)	6:00 am-2:00 pm	The Great WI Birdathon	Help us find as many unique bird species as possible in one day while raising funds for bird conservation
May 13 (Tu)	3:00-4:30 pm	Spring Solar Tilt	Help us tilt the new solar panels for spring
May 18 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
June 22 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
July 11-12 (F-Sa)	1:00 pm F - 4:00 pm Sa	Summer Plentitude: A Seasonal Retreat	Details coming soon
July 13 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
July 18 (F)	8:45 am-4:30 pm	6-legged Summit: An Insect Conference	Details coming soon
July 24 (Th)	8:30-10:30 am	Wisdom Prairie Summer Tour	Tour & learn about the prairie in summer
Aug. 10 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
Sep. 14 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
Oct. 12 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature
Oct. 16 (Th)	1:00-3:00 pm	Wisdom Prairie Fall Tour	Tour & learn about the prairie in fall
Nov. 6 (Th)	5:00-8:30 pm	Indigenous Art and Friends of Wisdom Prairie Annual Meeting	Details coming soon
Nov. 9 (Su)	10:30 am-12:00 pm	Kids on the Prairie	Families explore and learn about nature

VOLUNTEER OPPORTUNITIES

Every Wed., all year	9:00-11:30 am	Wisdom Prairie Workdays	Please register by emailing Amy Alstad, aalstad@holylwisdommonastery.org.
Any time you are free		Trail Monitoring	Help us monitor trail conditions. Contact Amy, for more information about volunteering on the land, at aalstad@holylwisdommonastery.org.



Learn more & register at
HolyWisdomMonastery.org/Environment/Friends-of-Wisdom-Prairie

