

# GOOD FRIDAY

*March 29 2024*



*Those joining us on the live stream are invited to have a cross.*



*Holy Wisdom Monastery*

*4200 County Road M  
Middleton, WI 53562*

*<https://HolyWisdomMonastery.org>*

*608.836.1631*

Our liturgy begin in silence.  
**Opening Prayer**

## Liturgy of the Word

**First Reading** Isaiah 52:13-53:12

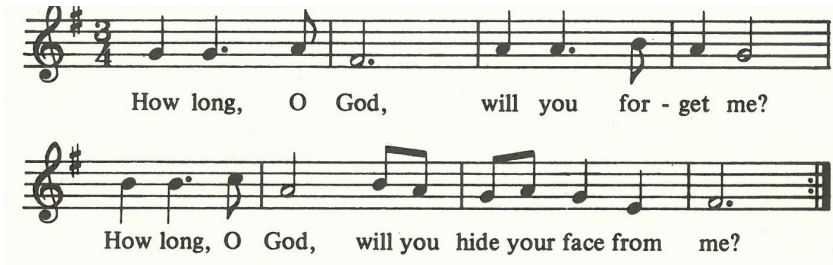
*All are seated.*

Following the reading:

Reader The Word of Salvation  
All Thanks be to God

*A time of silent reflection follows the reading,  
as we practice the Benedictine value of listening.*

**Psalm 22** How Long O God



How long, O God, will you for - get me?  
How long, O God, will you hide your face from me?

**The Passion according to John** John 19:16-30

## Reflection

### Veneration of the Cross

*Since the 4th century of the Christian era, the veneration of the cross in some form, has been at the heart of the observance of Good Friday.*

*You may come  
forward as couples or individually to venerate the cross  
with a bow or other gesture of reverence.  
Those joining us on the live stream are invited  
to venerate your cross at home.*

*We pray in solidarity with the pain of the world,  
symbolized in the cross of Jesus Christ.*

## **“Good Friday“ by Christina Rossetti (1830-1894)**

***Am I a stone, and not a sheep,  
That I can stand, O Christ, beneath Thy cross,  
To number drop by drop Thy blood's slow loss,  
and yet not weep?***

***Not so those women loved  
Who with exceeding grief lamented Thee;  
Not so fallen Peter, weeping bitterly;  
not so the thief was moved;***

***Not so the Sun and Moon  
Which hid their faces in a starless sky,  
A horror of great darkness at broad noon -  
I, only I.***

***Yet give not o'er,  
But seek Thy sheep, true Shepherd of the flock;  
Greater than Moses, turn and look once more  
and smite a rock.***

## Liturgical Ministers

Presider: Sister Mary David Walgenbach, OSB  
Homilist: Leora Weitzman  
Lectors: Mary Russell, Ned O'Reilly, Bill Santner II  
Greeters: Janine Edwards, Dick Russo, Louise Johnson  
Cantor: Nancy Didion  
Violin: Grace Rosholt  
Accompanist: Sherri Hansen  
Sacristan: Marge Ferstl  
Technology  
Dir. Worship: Bill Frederick

**Witnessing Whiteness**, free workshop series, Wednesdays, 6-8pm, April 10-June 12

at Badger Rock Neighborhood Center, 501 East Badger Rd; Madison. Facilitated by Laurel Ravelo, Erica Kruger, Denise West, and Laurie O'Donnell. Designed for white people to begin and/or continue anti-racism work.

You Need your own copy of *Witnessing Whiteness: The Journey into Racial Awareness and Antiracist Action*, 3rd edition, by Shelly Tochluk. Register by March 31st, 2024. Please email [healandharmonize@gmail.com](mailto:healandharmonize@gmail.com) for registration link and questions.

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“How Long O God” Psalm 22 by: Marty Haugen, GIA Publications, “Behold The Wood” by : Dan Schutte, OCP Publications, “In Every Age” by: Janet Sullivan Whittaker, OCP Publications, “Take O Take Me As I Am” by: John Bell, GIA Publications. , “Nothing Can Trouble” and ‘Christ Crucified” by: Jacques Berthier, GIA Publications

## Behold the Wood

Cantor:  
Be - hold, be - hold the wood of the cross on which is  
All:  
hung our sal - va - tion. O come, let us a - dore.

## Sung Prayer for the Veneration of the Cross “In Every Age”

### Verse 1

1. Long before the mountains came to be and the land and sea and stars of the night, through the endless seasons of all time, you have always been, you will always be.

### Refrain

In ev-'ry age, O God, you have been our ref-uge.

In ev-'ry age, O God, you have been our hope. *Last time to Coda*

### Verses 2, 3

2. Destiny is cast, and at your silent word we return to dust and scatter to the wind. A thousand years are like a single moment gone, as the light that fades at the end of day.

3. Teach us to make use of the time we have. Teach us to be patient even as we wait. Teach us to embrace our ev'ry joy and pain, to sleep peacefully, and to rise up strong.

### Coda

In ev-'ry age, O God, you have been our

ref-uge. In ev-'ry age, O God,

you have been our hope, you have been our

ref - uge, you have been our hope.

## “Take O Take Me As I Am”

Take. O take me as I am: Sum-mon out what I shall  
be: Set your seal up-on my heart And live in me.

The musical score is in G major and 4/4 time. It consists of two systems of music. The first system has a vocal line and a bass line. The second system also has a vocal line and a bass line. The lyrics are written below the vocal line.

## “Nothing Can Trouble”

Ostinato Refrain

1.  
Noth-ing can trou-ble, noth-ing can fright-en. Those who seek God shall  
nev-er go want-ing. God a-lone fills us.

2.

The musical score is in G major and 4/4 time. It features an ostinato refrain in the bass line. The first system includes a vocal line and a bass line. The second system includes a vocal line and a bass line. The lyrics are written below the vocal line.

Resignation

Violin Solo

## General Intercessions

Christ cru-ci-fied, Je-sus hear our prayer!  
Christ cru-ci-fied, Je-sus hear our prayer!

The musical score is in G major and 4/4 time. It consists of two systems of music. The first system has a vocal line and a bass line. The second system also has a vocal line and a bass line. The lyrics are written below the vocal line.

## Prayer of Jesus

**Holy One,  
our only Home, blessed be your name.  
May your day dawn, your will be done,  
here, as in heaven.  
Feed us today, and forgive us as we forgive each other.  
Do not forsake us at the test, but deliver us from evil.  
For the glory, the power, and the mercy are yours,  
now and forever. Amen.**

## Departing Prayer

*We depart in silence.*

*We invite you to join us tomorrow for the Great Vigil of Easter which begins at 7:00 PM. You can also join us on Easter Sunday at 9:00 AM for the celebration of the Resurrection.*