

## Get involved at Holy Wisdom - Become a Volunteer!

**Kitchen Volunteer** - Interested in being a regular volunteer in the kitchen? Contact Toby at: [tgrabs@holywisdommonastery.org](mailto:tgrabs@holywisdommonastery.org)

**Event Planning** - Interested in helping to plan a Summer Event to engage all of our community members as well as invite new ones? Please let Erin know [etrdson@holywisdommonastery.org](mailto:etrdson@holywisdommonastery.org)

**R&GH Greeter** - Volunteer as a Retreatant Greeter. This is a new position where we hope to extend a warm welcome and hospitality for our Retreat & Guest House Guests. Let Toby know of your interest [tgrabs@holywisdommonastery.org](mailto:tgrabs@holywisdommonastery.org)

**Prairie Volunteer** - Volunteers meet every Wednesday morning to roll up their sleeves and help Amy conduct restoration work. Interested? Contact Amy: [aalstad@holywisdommonastery.org](mailto:aalstad@holywisdommonastery.org)

**Trail Monitoring** – Help us keep our hiking trails inviting. Trail monitors walk a section of the Holy Wisdom trails and report any issues they encounter to staff. Interested? Contact Amy: [aalstad@holywisdommonastery.org](mailto:aalstad@holywisdommonastery.org)

### Today's Ministers:

Presider: Steve Zwettler

Homilist: David McKee

Lectors: Lila Hemlin, Alison McKee

Greeters: Bob and Paula Dinndorf, Jules Lee

Communion: Jane Ahlstrom, Alan Joranlien,  
Christine Pasinski Thomas, Kathy Woytych

Cantor: Anne Baltes

Sacristan: Ann McBride, Margaret Sommers

Technology: Bill Rosholt

Dir Worship: Bill Frederick

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“Kyrie” by: Marty Haugen, GIA Publications, Psalm 19 ” God, You Have the Words” by: Rawn Harbor, OCP Publications, God Let My Heart be good soil” by: by: Handt Hanson, Prince of Peace Publishing Changing Church,Inc., “Mass of Charity and Love, Paul Benoit, Steven C. Warner, World Library Publications, “Mass of the Holy Cross Lamb of God” by: David Clarke Isele, “Take O Take Me As I Am” by: John Bell, GIA Publications. , “Tree of Life,” by: Aaron Thompson,, WLP World Library Publications.

## *THIRD SUNDAY OF LENT* *March 3, 2024*



*Mount Sinai, Egypt*

*During Lent we keep silence in the Assembly Room prior to the liturgy to provide an opportunity for quiet meditation.*



*Holy Wisdom Monastery*

*4200 County Road M  
Middleton, WI 53562  
<https://HolyWisdomMonastery.org>  
608.836.1631*

## Gather in Silence

Call to Prayer *(sing the Kyrie two times)*

Ky - ri - e e - le - i - son,

Chri - ste e - le - i - son, Ky - ri - e e -

le - i - son, e - le - i - son, e - le - i - son.

## Greeting

### Penitential Rite

Presider Let us pray, first in silence.

*Silence for reflection and self-examination.*

Gracious God, source of all life,  
and Holy One of mercy and grace,  
hear our prayer:

## Announcements

**Taize' Prayer** will be celebrated here at the Monastery on Wednesday **March 13th beginning at 11AM**. This will take the place of Mid day prayer. Prayer in the spirit of the Taize' Community is a meditative form of common prayer. Gathered in the presence of Christ, we sing uncomplicated, repetitive songs, allowing the mystery of God to become tangible through the beauty of simplicity and invoking the Holy Spirit to enter our prayer. There will also be a brief meditation given by Patti LaCross. Please come, and bring a friend as well!

**Hospitality Sunday** follows Sunday Assembly Today!! Please Stay for coffee and fellowship!

**Holy Week Silent Retreat March 28-31** Again this year, an opportunity to immerse yourself in an extended retreat, silence, and meditative preparations so that your presence to the rhythms of Holy Week may be fulsome and focused. Attend the liturgies with the sisters, rest, and share a depth experience of the mysteries of this week in a community of people seeking the same. The theme of the meditations (optional) will be "they hear my voice." There will be opportunities for spiritual guidance, companioned silence, time on the prairie. Facilitated by Pam Shellberg. Registration deadline is March 21. More information and registration at:

<https://holywisdommonastery.org/event/holy-week-silent-retreat/>

**Join Sunday Assembly!** Have you been worshipping with us frequently over the last few months? We hope that you've found a spiritual home with us and invite you to consider becoming a member of Sunday Assembly. It's simple! Find a Gold membership form at the Monastery entrance, fill it out, and return in the collection basket, or send by mail, or sign up on our website!

**Pastoral Care Services** are available to members of the Holy Wisdom Monastery communities. For more information or to receive care, contact Jane Ahlstrom at 608-222-5139 or [janeahlstrom@sbcglobal.net](mailto:janeahlstrom@sbcglobal.net).

**A Special welcome to guests and visitors!** Thank you for joining us today! We welcome you and hope that you will find a spiritual home with us. We would love to know that you were here! Please sign our guestbook on the table near the entrance.

**For more information about Sunday Assembly**, the monastery or the sisters' community see <https://HolyWisdomMonastery.org>.

Communion Meditation

Take O Take Me As I Am

Take, O take me as I am; Sum - mon out what I shall  
 Tó - ma - me tal co - mo soy; llá - ma - me a lo que se -

be; Set your seal up - on my heart And live in me.  
 ré; pon tu se - llo so - bre mí y vi - ve en mí.

Prayer After Communion

Blessing and Sending Forth

Hymn of Praise

Tree of Life

REFRAIN

*All*  
 Turn our hearts, turn our minds, make us branch - es hold - ing  
 fast to the vine. Pa - tient Keep - er, draw us  
 to your ten - der mer - cy, Tree of Life.

**All** We come before you in need of healing:  
 the healing of our bodies and souls,  
 the healing of our relationships,  
 the healing of our pride and fear  
 and apathy, the healing of the earth and all  
 your creatures.

**We know that with you, nothing is impossible,  
 not even our healing.  
 Not even the restoration of the whole world.**

**We pray that sharing your life,  
 we and our world will be healed,  
 and so we will be freed to serve and love  
 and dream and be,  
 as Jesus calls us.  
 Amen.**

*All join in singing the Kyrie*

Opening Prayer

Liturgy of the Word

First Reading

Exodus 20: 1-17

*Following the readings:*

Reader The Word of Salvation  
 All **Thanks be to God**

*A time of silent reflection follows each reading  
as we practice the Benedictine value of listening.*

Psalm 19

God You Have the Words

God, you have the words of ev - er - last - ing life, the  
 words of ev - er - last - ing life.

## Second Reading

## 1 Corinthians 1: 18-25

### Lenten Gospel Acclamation

### God Let My Heart

God let my heart be good soil, o-pen to the seed of your word.

God let my heart be good soil, where love can grow and peace is un-der-stood.

When my heart is hard, break the stone a - way. When my heart is cold,

warm it with the day. When my heart is lost, lead me on your way.

Oh , let my heart, Oh , let my heart, God let my heart be good soil.

### Gospel:

John 2: 13-22

#### *Before the Gospel,*

Reader A reading from the holy Gospel according to Mark

**All Glory to you, O Christ**

#### *Following the Gospel,*

Reader The holy Gospel

**All Praise to you, O Jesus Christ**

### Homily

**General Intercessions** *Response: God of Mercy, hear our prayer.*

### Sign of Peace

## Prayer of Jesus

**Holy One, our only home**

**blessed be your name.**

**May your day dawn, your will be done,  
here as in heaven.**

**Feed us today,**

**and forgive us as we forgive each other.**

**Do not forsake us at the test,  
but deliver us from evil.**

**For the glory, the power and the mercy are yours,  
now and forever. Amen.**

## BREAKING OF THE BREAD

*Cantor or Choir:* Ho-----ly One ; Be known to us in breaking of bread,

*All:* have mer-cy on us. grant us peace.

*To repeat* | *Last time*

*VS 2: Light of God, VS 3: God of Life*

Presider The bread which we break,  
is it not communion in the body of Christ?  
The cup of blessing which we share,  
is it not communion in the blood of Christ?

**All So all of us are one body,  
all who share the one bread and drink  
from the one cup.**

**Help us to lay aside our selfishness and fear  
and to go forth into a starving, empty world,  
bearing the fruits of this table:  
the food of human caring  
and the drink of loving compassion.**

**Open our ears to hear the cries of the forgotten poor,  
the silent dread of the abandoned.  
May we hear your voice among them,  
to serve you in their midst.**

We pray with Benedict, and Scholastica,  
with all holy people of every time and place  
and all our beloved dead, whose memory we  
hold lovingly in our hearts.

**With these and with all creation  
we raise our voices in gratitude  
for your gift of renewal and hope  
the blessing of forgiveness and peace  
Given to us in the example of Jesus.**

Through Christ, with Christ, in Christ,  
in the unity of the Holy Spirit,  
all glory and honor are yours, of God of life,  
forever and ever.



### **Preparation of the Gifts**

*A basket is available on the table to receive your donations. Thank you for your generosity! The gifts of Bread, wine and offering are received by the presider on our behalf.*

### **EUCCHARISTIC PRAYER**

**Assembly responses are in BOLD**

*Presider:* May The Holy one be with you.

*ALL:* **And also with you.**

Lift up your hearts.

**We lift them up to our God.**

Let us give thanks to the God of all.

**It is right to give God thanks and praise.**

From the desert dust of broken lives,  
we give you praise, O Source of life, through Jesus.

**This is the season of our repentance,  
the time when we gaze into the face of the  
suffering Jesus and we see in ourselves  
our own selfishness, our pride  
and our slowness to respond  
to your call for justice, mercy and peace.**

**You dwell within us,  
and bid us bend our stubborn and fearful wills  
to form us into  
the Body of Christ,  
your instruments of peace to all the world.**

Your Spirit prepares us to be refreshed  
in the waters of renewal.

We fix our gaze upon the love and wisdom of the cross  
and give you thanks for the gift of reconciliation.

O God ever near,  
we join our voices with all of creation  
to sing your praise:

Ho - ly, ho - ly, ho - ly One, God of maj - es - ty.  
Heav'n and earth are full of your glo - ry. Ho-san-na in the high - est.  
Bless-ed is the one who comes in the name of God.  
Ho - san - na in the high - est. Ho - san - na in the high - est.

Ever faithful One,  
despite our wanderings and our sin. you never  
abandon us. In Jesus,  
we feel your comforting and loving presence  
Inspiring us to newness of life.

**God of all mercy,  
may the transforming power of your Spirit  
bless these gifts of bread and wine, and bless  
us.**

**May our sharing at this table  
be our offering of love,  
and may our daily lives  
become the continued presence of Jesus in the  
world.**

On the night before he died,  
Jesus was at table with his friends.  
He took bread, gave thanks to you,  
broke it, and gave it to them saying:  
"Take this, all of you, and eat it.  
This is my body which is given for you.  
Do this in memory of me."

At the end of the meal,  
Jesus took the cup of wine.  
Again he gave you thanks,  
gave the cup to his friends and said:  
"Take this, all of you, and drink..  
This is the cup of my blood poured out for people  
everywhere for the reconciliation of all.  
This is a new and everlasting covenant.  
Do this in memory of me."

(Let us proclaim the mystery of faith)

When we eat this bread\_\_\_ and drink this\_\_ cup,  
we pro-claim your death, O Christ, un - til you come a - gain.\_\_

Searcher of hearts,  
move us this day to take up deeds of courage.