
Liturgy of the Hours

Lent

**Benedictine Women of Madison
Holy Wisdom Monastery
Middleton, Wisconsin**

Welcome to the Liturgy of the Hours

Welcome to the liturgy of the hours as practiced by the
Benedictine Women of Madison.

We pray each day at morning, midday, and evening
according to the monastic pattern of worship
using hymns, psalms,
scripture and prayer.

We invite you to join us in prayer
and to share with us
in this ancient pattern of worship.

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Good Friday Midday Prayer

Call to prayer

Leader We adore you, O Christ, and we praise you.

All Because by your holy cross you have redeemed
the world.

Hymn 56

Reading

Psalm 57

Antiphon



O God, a-rise a-bove the heav-ens; may your glo-ry shine on earth.



Solo Have mercy on me, God, have mercy
for in you my soul has taken refuge.
In the shadows of your wings I take refuge
till the storms of destruction pass by.

Side 1 I call to you, God the Most High,
to you who have always been my help.
May you send from heaven and save me /
and shame those who assail me.
O God, send your truth and your love.

Side 2 My soul lies down among lions,
who would devour us, one and all.
Their teeth are spears and arrows,
their tongue a sharpened sword.

All *Antiphon*



Side 1 They laid a snare for my steps
my soul was bowed down.
They dug a pit in my path
but fell in it themselves.

Side 2 My heart is ready, O God, my heart is ready.
I will sing, I will sing your praise.
Awake, my soul; awake, lyre and harp,
I will awake the dawn.

Side 1 I will thank you, O God, among the peoples,
among the nations I will praise you
for your love reaches to the heavens
and your truth to the skies.

Antiphon



O God, a-rise a-bove the heav-ens; may your glo-ry shine on earth.

Reading

Oration

Silence

No other closing

On a Barren Hilltop



1. On a bar - ren hill - top just out - side the walls
2. Test - ed just as we are, in a world of strife,
3. Let us then come bold - ly to the heav'n - ly throne,



of an an - cient cit - y as the eve - ning falls,
 through the pain and con - flict of a hu - man life,
 where our hu - man weak - ness is so ful - ly known,



speaks a dy - ing fig - ure hang - ing on a tree,
 here at last com - plet - ed with his fi - nal breath
 and the mer - cy giv - en by which we are freed,



say - ing "It is fin - ished," words of vic - to - ry.
 is a life tri - um - phant o - ver sin and death.
 and the grace pro - vid - ed for our time of need.

ACKNOWLEDGMENTS FOR LENT, VOLUME V

See acknowledgments for Ordinary Time with the following additions:

Text for Canticles: Is 38:10-14, 17-20, Is 42:1-4, Is 49:1-6, Is 50:4-9, Is 52:13-14; 53:4-6, 11-12, Is 61:6-9, Jer 14:17-21, Sir 31:8-11, Wi 3:1-9 are from The English translation of the psalms and canticles from *The Liturgical Psalter: Text for Study and Comment*, copyright 1994, International Committee on English in the Liturgy, Inc. All rights reserved; Mechtild of Magdeburg, text from *Silent Voices, Sacred Lives: Women's Readings for the Liturgical Year*, "Mechtild of Magdeburg," Paulist Press, 997 Macarthur Blvd., Mahwah, NJ 07430, p. 76. Used with permission; Julian of Norwich, text from *Meditations with Julian of Norwich*, by Brendan Doyle, © 1983, Bear & Company, Inc., Drawer 2860, Santa Fe, NM 57501, pp. 66, 71, 73. Used with permission.