
Liturgy of the Hours

Lent

**Benedictine Women of Madison
Holy Wisdom Monastery
Middleton, Wisconsin**

Welcome to the Liturgy of the Hours

Welcome to the liturgy of the hours as practiced by the
Benedictine Women of Madison.

We pray each day at morning, midday, and evening
according to the monastic pattern of worship
using hymns, psalms,
scripture and prayer.

We invite you to join us in prayer
and to share with us
in this ancient pattern of worship.

Published by Benedictine Women of Madison, Holy Wisdom
Monastery, 4200 County Road M, Middleton, WI 53562. ©1996. All
rights reserved. No part of this book may be reproduced or transmitted
in any form or by any means, electronic or mechanical, including
photocopying, recording or by any information storage and retrieval
system, without prior written permission from the authors.

Wednesday Midday
Week II

Call to prayer

Leader O God, come to our assistance.

All O God, make haste to help us.

Glory be to our Creator,
to our Redeemer, Jesus Christ,
and to the Spirit of Life,
who dwells in our midst now and forever. Amen.

Hymn

32 / 51 Holy Week

Reading

Psalm 32

Solo Happy those whose offense is forgiven,
whose sin is remitted.
O happy those to whom God
imputes no guilt,
in whose spirit is no guile.

Side 1 I kept it secret and my frame was wasted.
I groaned all day long,
for night and day your hand
was heavy upon me.
Indeed my strength was dried up
as by the summer's heat.

Side 2 But now I have acknowledged my sins;
my guilt I did not hide.
I said: "I will confess my offense to God."
And you, God, have forgiven the guilt of my sin.

All So let faithful men and women
pray to you in the time of need.
The floods of water may reach high
but they shall stand secure.

Solo You are my hiding place, O God;
you save me from distress.
You surround me with cries of deliverance.

Side 1 I will instruct you and teach you
the way you should go;
I will give you counsel
with my eye upon you.

Side 2 Be not like horse and mule, unintelligent,
needing bridle and bit,
else they will not approach you.
Many sorrows have the wicked
but those who trust in God,
loving mercy surrounds them.

All Rejoice, rejoice in God,
exult you just!
O come, ring out your joy,
all you upright of heart.

Stand

Glory be to our Creator,
to our Redeemer, Jesus Christ,
and to the Spirit of Life,
who dwells in our midst now and forever. Amen.

We Heed the Prophet's Clarion Cry



1. We heed the proph - et's clar - ion cry to
 2. More gen - er - ous be - stow - ing alms, im -
 3. More fer - vent in our heart - felt prayer, yet
 4. More joy - ful in de - ny - ing self all
 5. Then prayer and fast - ing, giv - ing alms, will



meet, as in times past, a pil - grim peo - ple
 pelled by mer - cy's call, with - out as - sess - ing
 seek - ing no re - ward, we lin - ger in our
 plea - sures in ex - cess, we learn sim - pli - ci -
 mark our pil - grim ways and lead us to our



marked by sin, now keep - ing sol - emn fast.
 wor - thi - ness we give, as Christ, to all.
 in - ner room, a - bid - ing with our God.
 ty of life and mod - est ho - li - ness.
 Eas - ter home be - yond these for - ty days.

ACKNOWLEDGMENTS FOR LENT, VOLUME V

See acknowledgments for Ordinary Time with the following additions:

Text for Canticles: Is 38:10-14, 17-20, Is 42:1-4, Is 49:1-6, Is 50:4-9, Is 52:13-14; 53:4-6, 11-12, Is 61:6-9, Jer 14:17-21, Sir 31:8-11, Wi 3:1-9 are from The English translation of the psalms and canticles from *The Liturgical Psalter: Text for Study and Comment*, copyright 1994, International Committee on English in the Liturgy, Inc. All rights reserved; Mechtild of Magdeburg, text from *Silent Voices, Sacred Lives: Women's Readings for the Liturgical Year*, "Mechtild of Magdeburg," Paulist Press, 997 Macarthur Blvd., Mahwah, NJ 07430, p. 76. Used with permission; Julian of Norwich, text from *Meditations with Julian of Norwich*, by Brendan Doyle, © 1983, Bear & Company, Inc., Drawer 2860, Santa Fe, NM 57501, pp. 66, 71, 73. Used with permission.