

❖ **Today:**

- **Dementia Awareness and How to be a Dementia Friendly Community** Join us from 10:15- 11:00 am in the Assembly Room for a presentation by Melissa Woznick, case manager at the Waunakee Senior Center and member of the Dementia Friendly Committee, who will share with us how to be a dementia friendly community. This session is for everyone—to increase our awareness about dementia, to learn how to assist those coping with impairments and how we can help create a community of support. All are welcome to attend.

❖ **Next Sunday, February 5:**

- **Children's Ministry** Children ages 6-9 are invited for some learning and prayer time during the Liturgy of the Word. Once dismissed, we will go downstairs to the room next to the library. If you need to get your child early, take the elevator down, go toward the library. We are in the room just to the right. The Hospitality Room will be available if little ones need space to stretch. Contact Sarah Wilkin Gibart (sjwilkin09@gmail.com) with questions or to offer your help.
- **Sunday Assembly Choir rehearsals** resume after worship
- **Sunday, February 5, in the Assembly Room, from 4 to 6 p.m. “Body, Heart, Spirit: Integrative Health”** David Rakel, M.D., Professor and Chair of the Department of Family Medicine and Community Health at UW-Madison, and founder of the Integrative Health Program is our guest speaker. Focusing on compassion care, empathy, human relationship, and listening – Dr. Rakel brings to medical care a balanced and wholistic approach. Come and be encouraged to become stronger self-advocates in your own health care, to make integrative and proactive choices promoting the fullness of your health and well-being. **Register for this free event TODAY** at: <https://holywisdommonastery.org/event/body-heart-spirit-integrative-health/>
- ❖ **Evolutionary Exploration Series of Presentations** The purpose of Evolutionary Exploration is to make us more conscious of what is evolving in our Cosmic World and our Community of Communities here at Holy Wisdom. We are all interconnected. The series of presentations on the Community of Communities will begin February 15 through May 2, 2023, from 10:00-11:30 am. The following is a list of the dates, titles and presenters. To register see: <https://holywisdommonastery.org/event/evolutionary-exploration/>
February 15 Communities of Empowerment Barb Dannhausen, OP
March 14 Worldview and Personal Transformation Barb Dannhausen, OP
March 28 Our Life with God, A Benedictine Perspective Lynne Smith, OSB
April 14 Transformational Leadership Barb Dannhausen, OP
May 2 “Mission” Evolution and Transformation Barb Dannhausen, OP
- ❖ **Friends of Wisdom Prairie Note Cards** are for sale in the gathering space all the time. They feature lovely pictures taken here on the prairie. Envelopes for payment are available next to the card display and can be deposited in the donation box under the TV screen. We appreciate all that you can do and know you will enjoy seeing the pictures as you send the note cards to loved ones. Cost is \$3.00 for one or \$10.00 for four.

4TH SUNDAY IN ORDINARY TIME

January 29, 2023



Holy Wisdom Monastery

*4200 County Road M
Middleton, WI 53562*

*<https://HolyWisdomMonastery.org>
608.836.1631*

LITURGICAL MINISTERS

Presider & Homilist Paul Knitter

First Reading Pam Shellberg

Second Reading Rita Emmengger

Sacristan Diane Smith

Organ/Piano Lynn Lemberger

Technology Assistant Mike Crawford

Greeters Donna Miller, Judy & Sal

Troia

Cantor Sherri Hansen

Communion Ministers Mary Kaye

Radtke, Scott Shimanski, Denise West,

OSB

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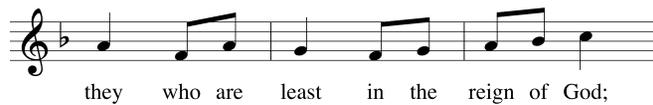
Gathering Hymn

Within The Reign of God

Verse Response



Refrain



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Opening Prayer

Liturgy of the Word

First Reading

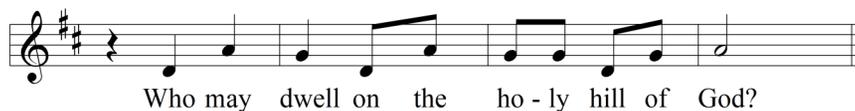
Micah 6:1-8

Following each reading:

Reader The Word of Salvation
 All Thanks be to God

*A time of silent reflection follows each reading
 as we practice the Benedictine value of listening.*

Psalm 15



Music: Emma Lou Diemer, ©1994, New Century Hymnal, The Pilgrim Press. All rights reserved. Reprinted under One License A-703698.

Closing Hymn

What is Our Service to Be



1. What is our ser - vice to be, Our sa - cred
2. What is the good news we bring? In whose name
3. What is the mis - sion we share? Whose is the



min - is - try? What does God ask? Walk with in -
 shall we sing? Dare to pro - claim Cour - age in
 im - age we bear? Let us ac - claim Each per - son's



teg - ri - ty, Do jus - tice faith - ful - ly,
 face of fears, Laugh - ter in place of tears,
 dig - ni - ty, Hu - man e - qual - i - ty,



Love oth - ers ten - der - ly: This is our task!
 God's fav - or all our years In Je - sus' name!
 Love that has set us free: Christ we pro - claim!

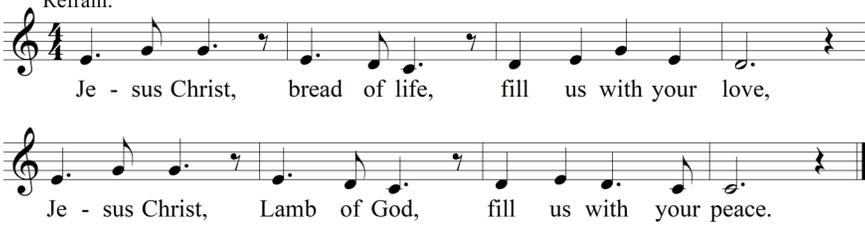
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 Tune: ITALIAN HYMN

Announcements

- ❖ **A special welcome to guests and visitors!** Thank you for joining us. We welcome you and hope that you will find a spiritual home with us. We'd love to know that you were here. Please sign our guest book on the table near the entrance. For more information about Sunday Assembly, the monastery or the sisters' community please see <https://HolyWisdomMonastery.org> or contact Lynn Lemberger. A special visitors table near the dining room entrance, hosted by our friendliest Sunday Assembly members, is available for our visitors and guests. Please join us for coffee following liturgy.
- ❖ **Gender Neutral Restrooms** can be found in the Hospitality Room in the hallway just after the coat racks.
- ❖ **Pastoral Care Services** are available to members of the Holy Wisdom Monastery communities. For more information or to receive care, contact Sandy Adams at 608-833-2058.
- ❖ **Join Sunday Assembly!** Have you been worshipping with us frequently over the last few months? We hope that you've found a spiritual home with us and invite you to consider becoming a member of Sunday Assembly. It's simple. Yellow membership forms can be found at the monastery entrance. Just fill it out and return in the collection basket next Sunday or send by mail. Or sign-up through our website.

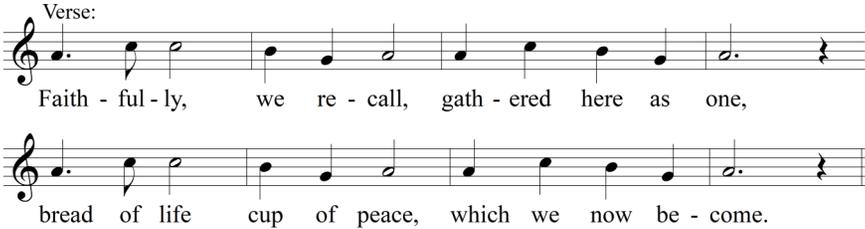
Breaking of the Bread

Refrain:



Je - sus Christ, bread of life, fill us with your love,
Je - sus Christ, Lamb of God, fill us with your peace.

Verse:



Faith - ful - ly, we re - call, gath - ered here as one,
bread of life cup of peace, which we now be - come.

Music: LARGO, *Symphony No. 9 (From the New World)* by Antonin Dvorák, adapted and arr. by Steve Schaubel, ©2000, World Library Publications. All rights reserved. Reprinted under One License A-703698.

Presider The bread which we break,
is it not communion in the body of Christ?
The cup of blessing which we share,
is it not communion in the blood of Christ?

All **So all of us are one body,
all who share the one bread and drink from the cup.**

Communion Rite

*Our Communion bread is gluten-free.
All are welcome to receive Communion.*

*Come to any one of the four locations in the room. Two stations are
behind the altar, one at the side exit, and one near the piano.*

A time of silent reflection follows our sharing of Communion.

Prayer after Communion

Final Blessing

Dismissal

Second Reading

1 Corinthians 1:18-31

Gospel Acclamation



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: Daniel L. Schutte, ©1996, OCP Publications, Inc. All rights reserved. Reprinted under One License A-703698.

Gospel

Matthew 5:1-12

Before the Gospel,

Reader A reading from the holy Gospel according to Matthew

All **Glory to you, O Christ**

Following the Gospel,

Reader The holy Gospel

All **Praise to you, O Jesus Christ**

Homily

General Intercessions *Response: Loving God, hear our prayer.*

Sign of Peace

Presentation of the Gifts

*A basket is available on the table to receive your donations. Thank you for your
generosity. The gifts of bread, wine and our offering are brought to the altar.*

Liturgy of the Eucharist Eucharistic Prayer for Ordinary Time

All join in proclaiming the Eucharist Prayer. The Assembly parts are in bold.

Presider May the Holy One be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them up to our God.**

Presider Let us give thanks to the God of all.

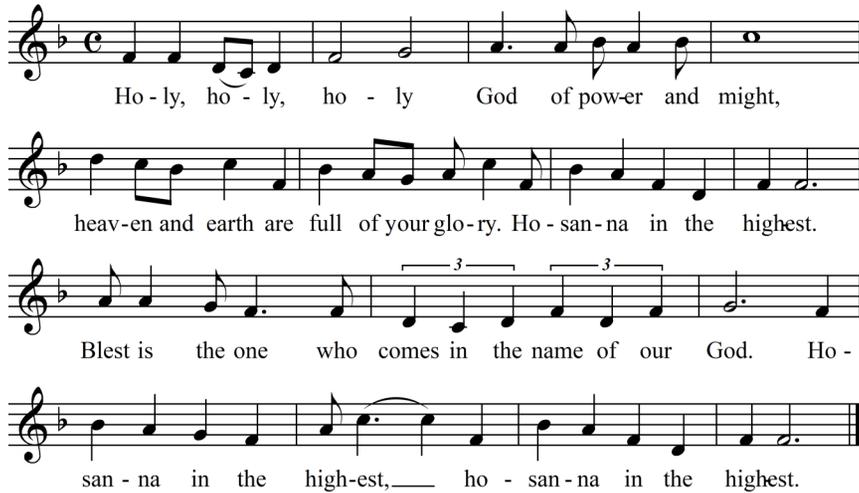
All **It is right to give God thanks and praise.**

Loving Creator God,
we thank you for your constant love for all you have made.

**We thank you for all that sustains life,
for all people of faith and many religions
who have given themselves to your will,
and especially for Jesus.**

**We praise you for his birth, life, death, and resurrection,
and for calling forth your church
for a mission of witness and service in the world.**

Gifted by the presence of your Holy Spirit,
we unite our voices with people everywhere:



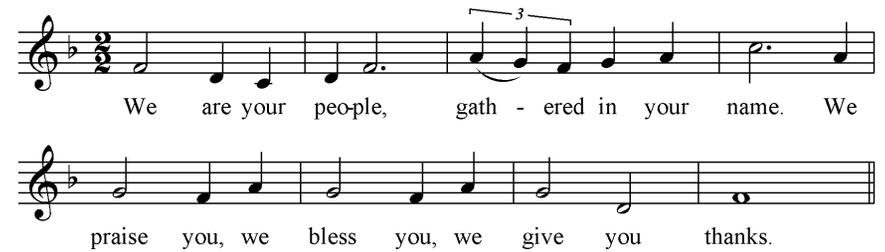
Ho - ly, ho - ly, ho - ly God of pow - er and might,
heav - en and earth are full of your glo - ry. Ho - san - na in the high - est.
Blest is the one who comes in the name of our God. Ho -
san - na in the high - est, ho - san - na in the high - est.

Music: *Acclamations for Eucharistic Prayer III*, Charles E. Conley, ©1988, GIA Publications, Inc.
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Merciful God, with faithful and loving hearts,
we recall anew the words and actions of Jesus Christ.
As they were eating, Jesus took bread, blessed and broke it,
gave it to his friends, and said:
“Take this, all of you and eat.
This is my body given up for you.”

Then Jesus took a cup, and after giving thanks,
gave it to them saying:
“Take this all of you and drink.
This is the cup of my blood,
poured out for people everywhere
for the reconciliation of all.
This is a new and everlasting covenant.
Do this in remembrance of me.”

All join in singing:



We are your people, gath - ered in your name. We
praise you, we bless you, we give you thanks.

By eating this bread and drinking this cup,
we proclaim Christ's death, celebrate Christ's resurrection,
and await Christ's coming again.

**Come, Holy Spirit, come.
Bless this bread, and bless this fruit of the vine.
Open our eyes that we may recognize the risen Christ
in our midst, in each other and in every person,
and in all creation.**

Through Christ, with Christ, in Christ... forever and ever.



A - - - men, A - le - lu - ia. We
praise you, we bless you, we give you thanks.

Eucharistic Prayer 4, United Church of Christ, “*Priestly People*”, adapted, © 2021, 2009, L. Lemberger,
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The Prayer of Jesus

**Holy One, our only Home, blessed be your name.
May your day dawn, your will be done, here, as in heaven.
Feed us today, and forgive us as we forgive each other.
Do not forsake us at the test, but deliver us from evil.
For the glory, the power, and the mercy are yours,
now and forever. Amen.**